



MATS Tower Climbing & Rescue



Course Aim

This course covers the theoretical and practical training involved with the requirements of working on towers and masts, and rescue training using fall arrest equipment. Delegates will be compliant with training standards set by MATS and approved by EUSR.



Who Should Attend?

This course is aimed at delegates who are new to working at height and require training on use of personal fall protection equipment.



Course Duration

This is a 3 day course



Certification

Delegates successfully completing the course will receive a digital certificate of attendance valid for 3 years. Paper certificate and photo ID card can be requested at an additional charge.



Agenda

Theory & practical assessments

- Legislation & safety standards
- Identification of hazards and risk assessment
- Developing rescue plans
- Use of and rescue from harnesses & fall arrest lanyards
- Use of knots and ropes
- Self rescue
- Selecting appropriate anchor points
- Using a work positioning system
- Using fixed fall arrest system
- Recovering a casualty
- Managing suspension intolerance
- Suspension trauma